

EBOOK SERIES

Your Family Constitution

**WHY DO PARENTS
ACCEPT DEFEAT?**

www.yourfamilyconstitution.com



Scott Gale

WHY DO PARENTS ACCEPT DEFEAT?

“Human beings are the only creatures on earth that allow their children to come back home.”

—BILL COSBY

As technology evolves and society accelerates at a staggering pace, parenting poses greater challenges than ever before. Many parents sacrifice their own time and sanity as they attempt to maneuver through the endless stream of obstacles to raising appreciative and well-grounded kids. Unfortunately, some parents yield to critical challenges, accepting defeat at the expense of their children’s well-being and their future.

So why is that? How can a loving parent “throw in the towel” on the most precious thing in their life? The individual answers lie somewhere between social phenomena, individual circumstance, and skewed priorities; but one universal reason prevails: “Raising good kids is really hard.”

It doesn’t matter what the definition of “good kid” means in that statement. Good values, sound work ethic, and outstanding health often top the list, but there are many other traits parents yearn to pass on. Regardless, parents today juggle so many competing priorities, that there is simply no way to get it all done. They want to be there for their kids whenever they can. They want to provide the best environment for their children and raise them to be exceptional adults. Unfortunately, when push comes to shove, something has to give.

It’s easy to burn away the hours at work, especially in current economic circumstances, because the boss expects it. Likewise, the television may serve as an affordable babysitter while mom or dad “catches up” around the house. Also, in the midst of perpetual chaos, the opportunity to escape the grind for personal re-charge may rank above a game of Candy Land with the little ones.

Are these excuses? Failures? No!

Work and personal space are two essential ingredients to financial and emotional stability. In reality, these reasons only become excuses if parents hide behind them, instead of striving for balance. Most parents assert that their family is their #1 priority in life, yet they fall into patterns that directly contradict long-term family success. “Fires” begin to burn without attention and eventually the ability to manage competing priorities becomes impossible.

Just when life seems like it couldn't get any crazier, another emotional storm inevitably works its way into the home. All of a sudden, the concept of defeat rears its ugly head. With no clear direction, boundaries cannot be effectively enforced and confusion ensues.

The acceptance of defeat is by no means conscious or intentional. Unfortunately, problems intensify and resolution becomes increasingly challenging with the passage of time. In the midst of busy life, such evolving problems can easily go undetected until it's too late.

How can you unwind a downward spiral against such immense pressure? Try these steps:

1. Understand what is important to you as a parent.
2. Make time to resolve issues early.
3. Focus on the problems that burn hottest and require the least amount of time and effort to fix.
4. Create firm structure within the family.
5. Cherish the time together and nurture bonds; after all, healthy relationships are at the essence of that #1 priority.

These are the steps that brought me and my family from unmitigated chaos to steady improvement and finite boundaries. It took a lot of effort, but I've never understood myself or my family with such clarity as I do today.

If you would like more information on the steps you can take today to avoid eventual defeat, please visit www.yourfamilyconstitution.com.

Thank you for your interest in *Your Family Constitution* Ebooks. If you enjoyed this Ebook and would like to read more, please visit www.yourfamilyconstitution.com to learn about the book, *Your Family Constitution; A Modern Approach To Family Values and Household Structure*, as well as related tools and services to make parenting easier and more rewarding.

Inside *Your Family Constitution*™ you'll learn...

- The four most overlooked signs that your household is becoming “out of control”....and a step-by-step process for correcting problems and appreciating family time.
- How to determine which important traits you most want to pass on to your children....and how to effectively transfer those qualities in a fun and meaningful way.
- How to assess your emotional availability to your family....and how to make adjustments to ensure you have the time for what matters. An in-depth look at the 3C's (clarity, consistency and commitment) that every family needs to run smoothly.
- Inside tips on how to understand what motivates your kids....and how to use this information to find “win-win” solutions that really work.
- Ten fun and healthy activities that your family members can enjoy together...that don't need to be plugged in.
- The keys to anticipating “big kid” and teenage issues....and a method to solve challenges before they become topics of concern.
- Common symptoms of entitlement in today's youth culture....and how to teach your child the difference between “learn” and “deserve” before it's too late.

Thank you again for taking interest in *Your Family Constitution*.

Sincerely,



Your Family Constitution

“Enjoy Parenting to the Fullest and Raise Great Kids”